

## How to enter PhotoVoice Online submission guide

The concept of PhotoVoice involves participants taking photos using the theme 'Act-Belong-Commit' and then including a sentence or short paragraph explaining the photo, giving the photo a 'voice'.

Please answer the following 10 questions to complete your PhotoVoice submission.

OK

### \* 1. I have read and agree to the 2019 Act-Belong-Commit PhotoVoice Terms and Conditions

Yes I agree

### \* 2. Your details

Name	<input type="text"/>
Address	<input type="text"/>
Town	<input type="text"/>
State	<input type="text"/>
Postal Code	<input type="text"/>
Email Address	<input type="text"/>
Phone Number	<input type="text"/>

**\* 3. Age Category**

- 12 years of age and under
- 13-17 years of age
- 18-59 years of age
- 60 years of age and over

**4. How did you hear about PhotoVoice?**

- Local newspaper
- School newsletter
- Friend/family
- Facebook/instagram
- Local club/group
- Muswellbrook Healthy & Well website
- Flyer/poster in the community
- Other (please specify)

**\* 5. How many photos would you like to enter?**

- One
- Two
- Three

**\* 6. Photo One**

Please upload your photo and ensure it is named clearly including your name

Choose File

No file chosen

**\* 7. Title of Photo One**

OK

\*The 'voice' is very important, please take the time to consider how your photo relates to Act, Belong, Commit and staying mentally healthy.

OK

**\* 8. Add a 'voice explaining how the photograph relates to the theme Act-Belong-Commit (in less than 25 words)**

OK

\*If you are only entering one photo you can skip to question 15. If you are entering two or more photos please repeat above process as applicable.

**15. After participating in PhotoVoice do you have a better understanding of the Act-Belong-Commit message?**

- Yes
- No
- Unsure

**16. Has the theme of Act-Belong-Commit made you think about your own wellbeing and level of participation in community life?**

Yes

No

If yes, please explain

**17. Was this online submission form easy to use?**

Yes

No

If no, please explain

Thank you for participating in the 2019 Act-Belong-Commit PhotoVoice.

If you require any further assistance please email [carly.hughes@newcastle.edu.au](mailto:carly.hughes@newcastle.edu.au)  
or call (02) 4055 1892